**Sample email**

Re: Help transform the lives of over 4 million Canadians affected by kidney disease

Dear [CANDIDATE NAME],

My name is [XXX] and I live in [suburb/town] in [electoral district]. I live with chronic kidney disease and am writing to alert you to the significant burden [dialysis/living with chronic kidney disease] places on myself and my family, as well as over 4 million other Canadians affected by this incurable disease. I support The Kidney Foundation of Canada in their work to prevent, diagnose, and treat kidney disease at its earliest stages. I hope you will join me.

Dialysis is the most common treatment for kidney disease, and it’s an invasive, time-consuming treatment that takes up to five hours, three times a week. [Insert personal experience of the impact living with CKD or treating kidney disease on your or your family member or friend’s life – 1 or 2 sentences]

If caught and treated early, kidney disease progression can be slowed or even prevented, and it can help patients avoid ever reaching dialysis. However, kidney disease is a silent disease that is often diagnosed very late because symptoms usually don’t appear until it’s very advanced. This is why early detection and treatment are critical.

As we approach the upcoming election, I urge you to commit to investing in prevention, early diagnosis, equitable access to treatment and ongoing kidney research. These investments are crucial to improving the lives of Canadians like me living with kidney disease. Your support can make a very significant difference to our lives.

For more information, please visit kidney.ca.

Thank you for your time and consideration. I look forward to hearing from you soon.

Yours sincerely,

[INSERT NAME]

[INSERT EMAIL ADDRESS]